

# Crafting Your Own Art Journal

Measurements Included Below\*



## Cover Base

Recycle two covers from a used book that measures 6" wide x 8" long or use chip board cut to size with holes predrilled (add 3 rings).



## Paper Covers

Cut cardstock or paper for outer covers and inside covers.\* Apply adhesive and adhere. Miter inside corners. Dry.



## Choose Page Paper

Go through your stash of scrapbook paper & weed out the sheets bought but never used--be honest, we all have them.



## Cut Paper to Size

Trim the 12x12 sheets to 8x12. Fold each in half, to 6x8. Use a bone folder and sand paper to get a nice, crisp edge.

## "Signatures"

Group each folded sheet into groups of 3, or a "signature." Six signatures would take 18 sheets of paper (72 journal pages). Add holes to each signature

## Embellish the Cover

Use calendar art, textured paper, modeling paste, stencils, paint, 3D letters, stickers, ribbon-- really make this journal your own!

\*Cardstock or paper for outer covers (2): 8"x10"; inside covers (2) 5.5"x 7.5"

# Embellishing The Cover

## Supplies

Arden Creative Studio--  
Vintage Maker Laser Cuts  
& Vellum Ephemera

"On The Cross" Stencil--  
Illustrated  
Faith (Discontinued)

Kraft Paper

1" Adhesive Letters

Craft Smart Gold Wax  
Metallic Finish and  
Distressed Oxide  
"Scorched Timber" Ink

Glossy Accents (applied  
over stenciled design)

