

Crafting Your Own Art Journal

Measurements Included Below*



Cover Base

Recycle two covers from a used book that measures 6" wide x 8" long or use chip board cut to size with holes predrilled (add 3 rings).



Paper Covers

Cut cardstock or paper for outer covers and inside covers.* Apply adhesive and adhere. Miter inside corners. Dry.



Choose Page Paper

Go through your stash of scrapbook paper & weed out the sheets bought but never used--be honest, we all have them.



Cut Paper to Size

Trim the 12x12 sheets to 8x12. Fold each in half, to 6x8. Use a bone folder and sand paper to get a nice, crisp edge.



"Signatures"

Group each folded sheet into groups of 3, or a "signature." Six signatures would take 18 sheets of paper (72 journal pages). Add holes to each signature



Embellish the Cover

Use calendar art, textured paper, modeling paste, stencils, paint, 3D letters, stickers, ribbon--really make this journal your own!

*Cardstock or paper for outer covers (2): 8"x10"; inside covers (2) 5.5"x 7.5"

Embellishing The Cover

Supplies

Arden Creative Studio--
Vintage Maker Laser Cuts
& Vellum Ephemera

"On The Cross" Stencil--
Illustrated
Faith (Discontinued)

Kraft Paper

1" Adhesive Letters

Craft Smart Gold Wax
Metallic Finish and
Distressed Oxide
"Scorched Timber" Ink

Glossy Accents (applied
over stenciled design)

