



## July 2025 Faith Art Journaling Supplies and Steps

### Supplies Used in Tutorial

- Art Journal
- Ink Sprays (Dylusion spray in Vibrant Turquoise, Distress Oxide sprays in Twisted Citron and Antique Linen)
- Acrylic paint (Delta Purple, Folk Art Café Aulait for Step 4; Golden Titan Green Pale and Master's Touch Copper for Step 5; Artist's Loft Unbleached Titanium for drawing)
- Large stencil (ours was 12"x12"); smaller "texture" stencil.
- Stabilo Pencil and water
- Stamps: 7 Gypsies "Handle With Care" and "Fragile," Heidi Swapp Alphabet
- Ink: Distress Ink "Uncharted Mariner"
- Torn paper pieces (I used a page from an old hymnal); adhere with Mod Podge
- Acrylic paint brushes in small tip (Step 11), medium tip, and large tip (Step 4).
- Sponge Applicator
- Hair dryer set on low or medium
- Mod Podge for adhesive

### Art Journaling Steps

1. If not using a mixed media-type journal, apply a thin coat of gesso over the page and let dry.
2. Lightly pencil where your design will be versus the white space. You can make adjustments as your creativity unfolds
3. Apply ink sprays with medium to heavy coverage. Use dryer to move paint around. Allow to fully dry
4. Add acrylic paints (stay within your pencil border); allow to dry
5. Stencil designs onto page; allow to dry
6. Draw freehand using Stabilo pencil and water. (other options: a magazine cut-out that illustrates "peace" to you, a photograph, one of our printable verse cards, etc.)
7. Fill in drawing with acrylic paint
8. Stamp "Handle With Care" and "Fragile" (use any word stamps that are relevant to your design)
9. Add torn paper
10. If you have a little area between the design and the original line you drew, fill in with neutral acrylic paint. Erase all pencil marks.
11. Stamp title and fill in with the same color spray ink used at the beginning.
12. Use Stabilo pencil to darken lost illustration lines.