

YOUR TOP 5 QUESTIONS

ABOUT FAITH ART JOURNALING – ANSWERED!

Q1: What exactly is Faith Art Journaling?

A: Faith art journaling combines creative expression—like drawing, painting, or collage—with spiritual reflection. Unlike regular journaling, it's focused on your faith journey.

Q2: Do I need to be good at art?

A: Not at all! Faith art journaling is about connection with God, not artistic perfection. It's a personal act of worship, reflection, and creativity. Your journal is between you and God.

Q3: Will I need to spend a lot of \$\$??

A: Start with what you have at home: a journal, pens or pencils, colored markers or paint.

Q4: What will I journal about?

A: Journal whatever inspires you spiritually: a Bible verse, sermon, devotional, or prayer. The Cafe provides a monthly prompt, too.

Q5: Will I have to paint or draw in my Bible?

A: Not at the Cafe. Our tutorials are based on mixed media techniques, so the best type of notebook to have is mixed media weight.



More Questions?

Connect with us at ArtnSoulCafe.com
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